



**THE MATHISON CENTRE**  
for MENTAL HEALTH RESEARCH & EDUCATION



Perlin Foundation  
for Wellbeing



Alberta Health  
Services

**MENTAL HEALTH**  
COLLABORATIVE



Community Education Service



**Dr. Paul Arnold**  
MD PhD FRCPC



**Jan Stewart**

# NAVIGATING MENTAL ILLNESS IN CHILDREN AND ITS IMPACT ON PARENTING: STRUGGLES, HOPES, AND TRIUMPHS

Open to anyone interested in learning and sharing on the mental health of children and the impact on families. The event will offer an engaging atmosphere to share and ask questions.

**Tuesday, November 21**  
7 - 8:30PM

Register  
Here

or via the  
QR code

